

Nurse Residency Program Tracker

Track every application in one place — and land your first RN role with confidence.

Nurse residency programs give you structured support, a cohort of peers, and the hands-on mentorship you need to build real clinical confidence. The problem? Most programs open applications once or twice a year, and the deadlines sneak up fast.

Use this tracker to stay organized across every hospital you're considering. Fill it in digitally or print it out and keep it somewhere you'll actually check it. Your future unit is out there.

- HOW TO USE THIS TRACKER

 - 1 Add every hospital or health system you're targeting in the rows below.
 - 2 Visit each hospital's careers page and confirm the cohort start and deadline.
 - 3 Update your Status column as you move through each application.
 - 4 Use the Notes column for recruiter names, unit preferences, or key contacts.

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KNOW THE RESIDENCY SEASONS

Spring cohorts (starting Jan-Feb) typically open applications in September-October. Fall cohorts (starting July-Aug) typically open in February-April. Set calendar reminders now so you don't miss a window — spots fill faster than you think.

Residency Programs & Application Status

#	HOSPITAL / SYSTEM	CITY, STATE	COHORT START	APP DEADLINE	SPECIALTY / UNIT	PROG. LENGTH	STATUS	NOTES
1								
2								
3								
4								
5								
6								
7								
8								

Residency Programs & Application Status

#	HOSPITAL / SYSTEM	CITY, STATE	COHORT START	APP DEADLINE	SPECIALTY / UNIT	PROG. LENGTH	STATUS	NOTES
9								
10								
11								
12								
13								
14								
15								
16								

Application Readiness Checklist

Check off before you submit each application

- | | |
|---|---|
| ☐ Resume tailored to nursing (1 page, skills-forward) | ☐ Cover letter addresses the specific program and unit |
| ☐ References contacted and ready (3 clinical references) | ☐ NCLEX passed or scheduled — license number ready |
| ☐ Transcripts requested and uploaded (allow 5-7 days) | ☐ BLS certification current (required for most programs) |
| ☐ Application submitted before deadline (aim for a week early) | ☐ Confirmation email received and saved to a folder |



Your first job as a nurse is not your forever job. It is your foundation. Apply widely, stay organized, and trust that you are more ready than you feel.

— Nursing Mastery